

## inspiration

"Interiors make a house a home," is a proclamation Sally Rhys-Jones lives by. The one bedroom apartment in Sydney's northern suburbs that she shares with her husband is the perfect case in point, reflecting not just an inherent love of design, but a passion for travel, food and cycling.

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## adore home

would definitely
describe the
interiors of
our home as
'eclectic!' It is
all the things
I adore –
vibrant colour,

interesting patterns, flowers and travel. I once read a quote by Coco Chanel that said 'an interior is a natural projection of the soul'. I believe you can see the 'soul' of my husband and I in our apartment!

"We obviously love to travel – there's everything from antique French maps to Mexican crosses we have picked up on our adventures! I'm also a bit of a girly girl – hence the scented candles, crystal and flowers - but then there's also our bikes on the balcony and photos of us hiking in Nepal!"

Sally says that while she loves travelling the world and discovering new places it is France that has stolen her heart. "My love of all things French are thanks to two things – my grandparents and the tour de France!

"I guess it started at 15 when I was lucky enough to attend my grandfather's retirement party at the Cannes film festival (he worked in the television industry). It was there I drank my

first glass of champagne, had an amazing French road trip with my mum and stayed in the tiniest Parisian hotel room. The perfect introduction to France!"

Sally says she first met her husband when she was 21. He was also a cycling enthusiast and they celebrate this shared passion each year by enjoying a special home cooked, French meal on the first night of the Tour de France.

"I also believe that you don't have to be totally 'matchy matchy'. Buy pieces you love and it will all just come together!"

"It is the perfect way to start the Tour and begin a sleepless July. It was our dream to go to France and experience it all for our honeymoon – that dream came true last year when we spent a month in France and saw the final stage of the Tour on the Champs Elysee in Paris."

When it comes to designing the interior of a home Sally believes you need to live in the space for a while first to get a feel for what will work. "I also believe that you don't have to be totally 'matchy matchy'. Buy pieces you love and it will all just come together!"















